



NRA Basics of Pistol Shooting – Blended Session Course Outline

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The session provides hands-on experience in the safe handling of a pistol. Integrated into the training is an air soft gas blowback pistol based on the platform of the semi-auto pistol that you will use during the live fire portion of the session. The practice with this replica pistol will allow you to become familiar and comfortable with the function of the actual pistol.

All sessions offered conform to the NRA's Training Standards and are NRA approved courses. The sessions are scheduled in 5 hour blocks. The instructor to student ratio is 1:2 in the dry-fire session and 1:1 in the live-fire session.

Basics of Pistol Shooting – 5 Hour Practical Session Itinerary*

Hour 1 & 2:

- We will go over and complete paperwork for the Practical session training. You will need to sign a waiver and firearms safety rules form. This form can be reviewed by clicking: [Open Waiver/Firearms Safety Rules Document](#).
- Determine your dominant eye.
- Practice the [three NRA rules](#) for safe handling of the pistol.
- Review and practice the proper two hand grips with a revolver and a semi-automatic pistol.
- Review and practice the five fundamentals of pistol shooting which are: aiming, breath control, hold control, trigger control, and follow through.
- Review and practice the safe handling, unloading, loading, decocking, and dry fire drills with Traditional Semi-automatic pistols, a Double Action Revolver with 2.5 inch barrel and a single action revolver.
- Review and practice the shooting exercises with an air soft pistol based on the Sig Sauer P229 platform.

Hour 3 & 4:

- Practice the [three NRA rules](#) for safe handling of the pistol.
- Perform live fire practical exercises.
- Qualify at the NRA's qualification standard of Level 1: Red minimum or higher, to earn a completion certificate.

Hour 5:

- Practice the [three NRA rules](#) for safe handling of the pistol.



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- Review the cleaning of a pistol and a revolver.
- I will submit the report upon successful completion.
- I will print the course certificate. Two copies will be provided.
- You will complete a course evaluation.
- Payment for the session will be collected.

*NRA basic courses are objective based. The length of the session will be dependent on the ability of each student based on their prior experience and their aptitude.

