# Basic Pistol Shooting 101 Course Information

### **Basic Pistol Shooting 101 Course**

The <u>Basic Pistol Shooting 101 Course</u> is an approved training course by the State of Connecticut's Commissioner of DESPP; in compliance with Connecticut General Statute <u>29-28(b)(1)</u>.

Successful completion of the <u>Basic Pistol Shooting 101 Course</u> will meet the State of Connecticut's minimum training requirements for your Connecticut Pistol Permit or your Connecticut Handgun Eligibility Certificate as articulated in Connecticut General Statute <u>29-28(b)(1)</u>. Visit the <u>https://www.rsoule.us/bps101.html</u> webpage for complete information about this course offering.

The **Basic Pistol Shooting 101 Course** is scheduled for nine (9) hours.

Classes for this course will be offered on an as needed basis. The number of seats available for each session is two (2).

## **Basic Pistol Shooting 101 Course Outline**

- Lesson Intro: Course Introduction (Length: 0.25 hours):
  - The student will be introduced to the course and to the instructor. The course handouts will be distributed to the student(s). The waiver and firearms safety rules form will be signed off by the students. The course goals will be covered.
- Lesson 1: Pistol Safety (Length: 0.5 hours):
  - This lesson will cover your responsibility as a gun owner; reveal the two causes of firearms accidents, learn the <u>three NRA rules</u> for safe handling of the pistol and the other nine (9) important safety rules. The safe trigger finger position on the pistol when you are not firing will be demonstrated. The lesson will be concluded with a written quiz of lesson material.
- Lesson 2: Pistol (Length: 1.0 hour):
  - O In this lesson, the reasons for owning a pistol will be discussed and you will learn about the two most common pistol types. Basic nomenclature of the pistols, their main parts and their operation will be covered. This lesson will include how to determine a revolver's cylinder rotation and the components of a pistol magazine. The lesson will be concluded with a written quiz of the lesson material.
- Lesson 3: Ammunition (Length: 1.0 hours):
  - The student will be introduced to the three types of cartridges and the components of a rim fire pistol, a center fire pistol and a shot shell center fire cartridge will be covered.
     You will learn how to properly identify and store ammunition. The three major types of cartridge malfunctions and the procedure for handling them will be covered. The lesson will conclude with a written quiz on the material covered.
- Lesson 4: Pistol Shooting (Length: 1.0 hours):
  - The student will learn about eye and hand dominance and determine their dominant eye. The five foundational pistol shooting attributes will be covered. The two most

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important shooting attributes and the arc of movement will be discussed. The bench rest and two handed isosceles standing shooting positions will be introduced. Students will learn how to obtain a proper two-handed grip with the preferred thumb positions of a semi-automatic pistol and a revolver. The lesson will conclude with a written quiz on the material covered.

### Lesson 5: Pistol Care (Length: 1.0 hours):

The importance of caring for the pistol will be discussed. The student will review when to clean the pistol, what equipment is recommended and the procedure for cleaning the revolver, semi-automatic pistol and the semi-automatic pistol magazine. The lesson will conclude with a written quiz on the material covered.

## • Lesson 6: Storage, Use, and Carrying your Pistol in Connecticut (Length 1.5 hours):

You will learn how to, the reasons for and the consequences of safe storage of pistols and <u>Connecticut's Negligent Firearms Storage Law - C.G.S. 53a-217a</u>. Pistol storage devices, the types of locking mechanisms for pistols will be reviewed. Review and Learn about the Relevant Connecticut General Statutes Pertaining to the Use of Force, Using and Carrying a Pistol in Connecticut. Learn the Five Necessary Elements required for a claim of self-defense in a use of force incident. Learn about De-escalation Techniques to Avoid or Defuse Conflicts. Review and learn about areas that prohibit you from carry your pistol. Learn other practical laws about carrying your pistol. Learn about Purchasing and Selling a Handgun in Connecticut.

#### • Lesson 7: Pistol Handling Dry Fire (Length: 1.0 hours):

This session allows the student to practice the <a href="https://www.hrm.nih.gov/hrm.nih.g

#### • Lesson 8: Pistol Handling Live Fire (Length: 1.5 hours):

- The student will practice the <u>three NRA rules</u> for safe handling of the pistol. The student will perform dry fire drills with rimfire and centerfire semi-automatic pistols, a centerfire double action revolver, and a rimfire single-action revolver from the bench rest and the two-handed isosceles standing position. The students will then fire their first shots with the pistols from the two positions, fire qualification drills qualifying at a minimum Marksman rating.
- Lesson End: Course Conclusion (Length: 0.25 hours):

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• The students will be presented their course certificates and the students will complete a course evaluation and submit payment for the session.

### **Additional Session Information for the Student**

**Equipment**: All safety equipment, ammunition, pistols, targets, etc. will be provided. If you own shooting glasses or ear protection, you can also bring them if you prefer to use your own.

**Student Owned Pistol**: If a student owns a pistol, accommodations will be made for the student to use that pistol during the training session and instruction on its operation will be provided. Please contact me about having the pistol available during the course.

**Clothing**: Please wear closed toe shoes (no flip flops or sandals), a crew neck (T-shirt) or button-up shirt (no low-cut neckline). Long pants are recommended, but not required. You may also want to bring a baseball cap or a billed hat. During the live fire exercises, there will be hot brass being ejected from the pistols which may bounce onto you. This clothing will offer you the best protection.

**Course Fee Information:** The course fee is \$100.00 per student.

Accepted forms of payment are: personal check (Made payable to: **Robert D. Soule, Jr.**), USPS money order or cash. Payment is expected upon receipt of the course certificate.

What if I do not qualify at least at the Basic Pistol Shooting 101 course Marksman minimum during the session?

There will be **NO CHARGE** for the session and you can reschedule another session with me. I am committed to working with you to successfully complete this portion of the course.